BEFORE DEPARTURE TO MALAYSIA





1. Choose one of the application store to download "MySejahtera".

2. Search for "MySejahtera" and click "Get".

3. After downloaded, click "Register Here" to register your

4. Register using an active email or phone number.

account.



6. Fill in the form, set your password and click "Confirm" when done.

5. You will receive a SMS or an email. Enter the OTP number received via SMS or click the link in the email to activate your account.









7. Open "MySejahtera" and login using registered phone number or email.

8. Click on "Things to do".

9. Answer all assessment.

10. Registration complete and will show your Health Assessment Status.