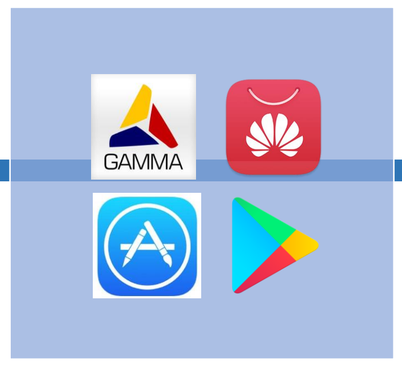
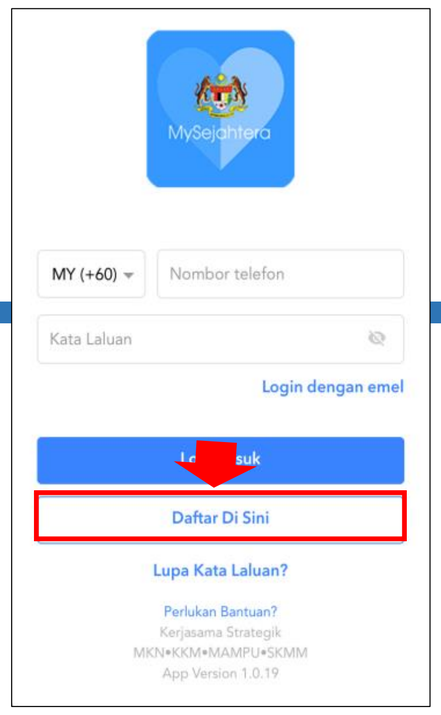
SEBELUM KETIBAAN KE
MALAYSIA

KEMENTERIAN KESIHATAN MALAYSIA

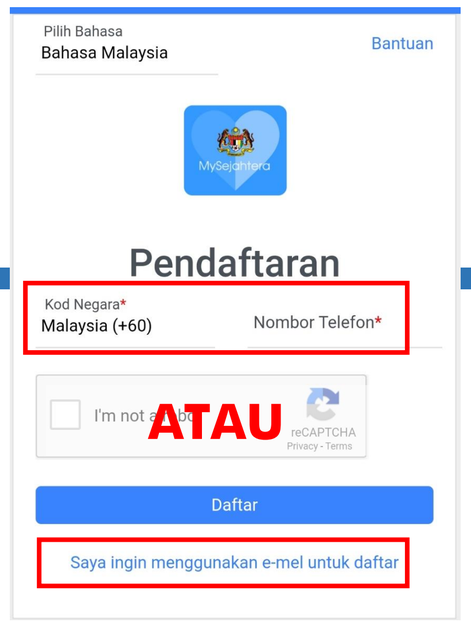


1. Pilih aplikasi di atas untuk memuat turun "MySejahtera".

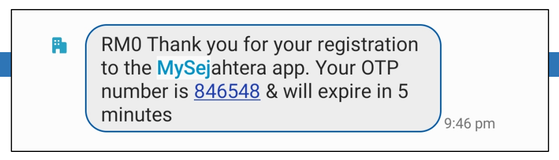
2. Cari aplikasi "MySejahtera" dan tekan butang "Dapatkan".



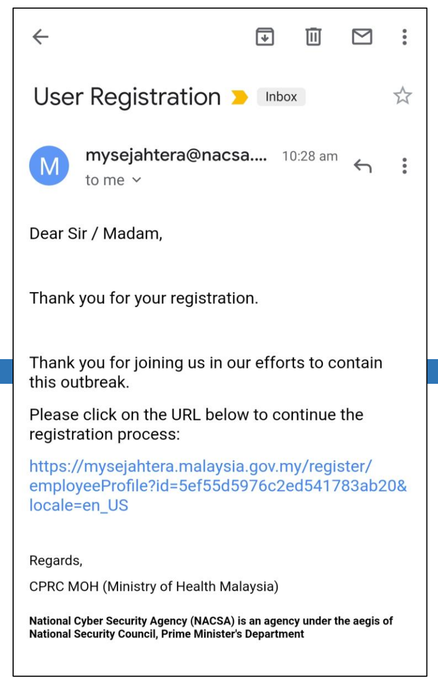
3. Tekan butang "Daftar Di Sini" untuk mendaftar akaun.



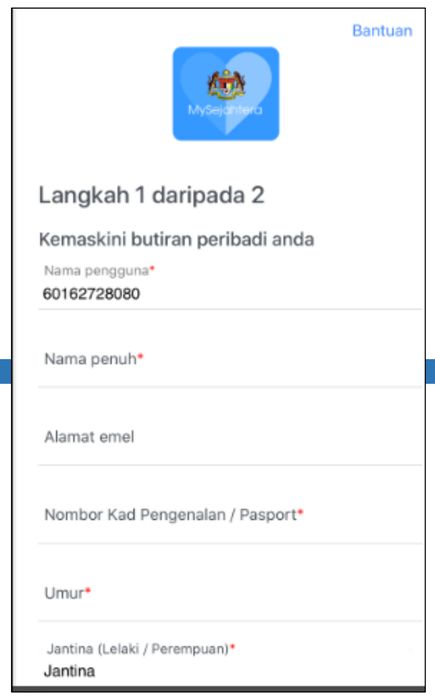
4. Daftar menggunakan nombor telefon atau emel yang aktif.

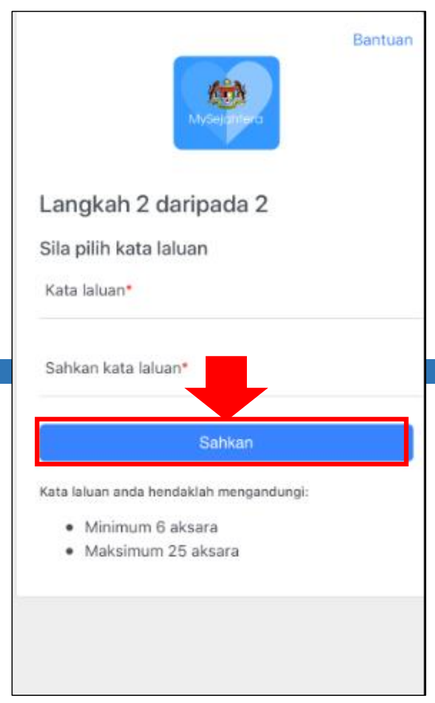


ATAU

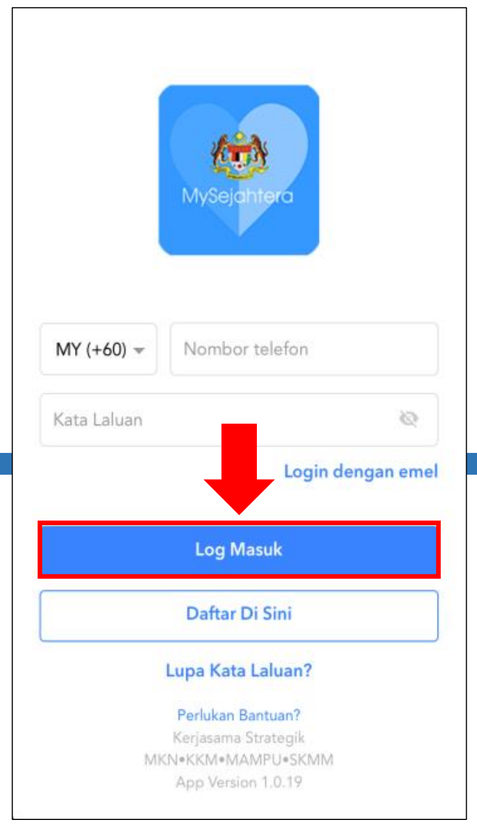


5. Masukkan nombor OTP yang diterima untuk pengesahan atau klik link pada emel jika anda mendaftar menggunakan emel.

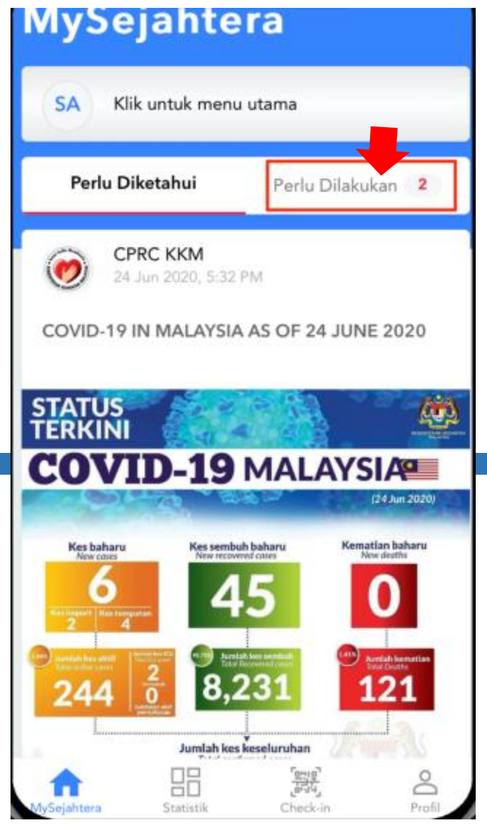




6. Lengkapkan butiran pendaftaran, tetapkan kata laluan dan klik "Sahkan" apabila selesai.

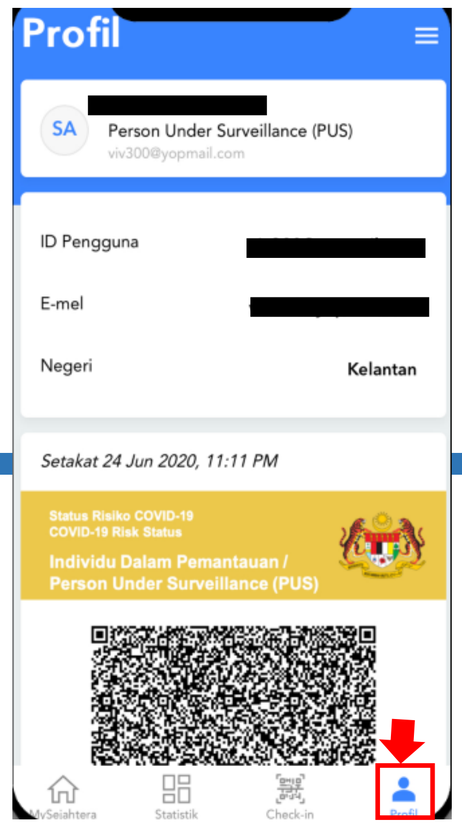


7. Buka "MySejahtera" dan log masuk menggunakan nombor telefon atau emel yang didaftarkan.



8. Klik pada "Perlu Dilakukan".

9. Jawab semua soalan penilaian.



10. Pendaftaran selesai dan Status Penilaian Kesihatan anda akan dipamerkan.