





# **IoT Disruption in Healthcare**

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# Internet of Things: Definition



Smart Connected Devices via the Internet, seamlessly transmitting data to create new info and knowledge



**SMART DEVICES** 

**NETWORK** 

APPLICATIONS, SERVICES & ANALYTICS

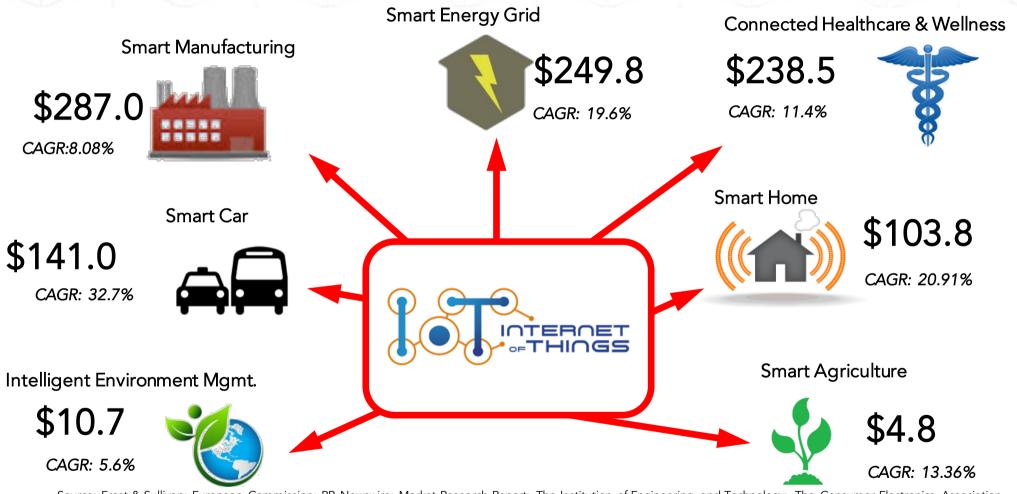
Malaysia Telemedicine

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## 2020 Global IoT Economy by Market Vertical (US\$B)





Source: Frost & Sullivan; European Commission; PR Newswire; Market Research Report; The Institution of Engineering and Technology; The Consumer Electronics Association (CEA); Market Watch; RnRMarketResearch;



# Mega Trends Influencing Healthcare



# Characteristics



### Demographic shift

- Aging society
- Urbanization migration
- Rise of Women power



### Individual empowerment

- Growth of global middle class
- Higher education level
- Better healthcare



### Food, energy & water nexus

- Scarcity of natural resources
- Competitive demand of natural resources



### Diffusion of power

 Well connected and networked society





- Competition
  - Healthcare services
  - Healthcare professional
- Chronic Disease treatment
- Independent Aging folks



- Higher health awareness
- Lifestyle based fitness program



 Increase demand for nutrition led to hormone driven production, lead to more disease



- Convenience of connectivity creating lifestyle-diseases
  - Heart Disease, Diabetics, Kidney **Failure**
- Sharing of knowledge
  - Medical
  - Nutritional info.

**Implications** 



# Healthcare Ecosystem





 Proactive surveillance

Targeted intervention

Adaptive treatment Prognosis





GOVERNMENT

INSURANCE/ EMPLOYER

> Fitness-based premium



Wellness mgmt.:
Self-care & self
diagnose

Medicine for targeted treatment & monitoring

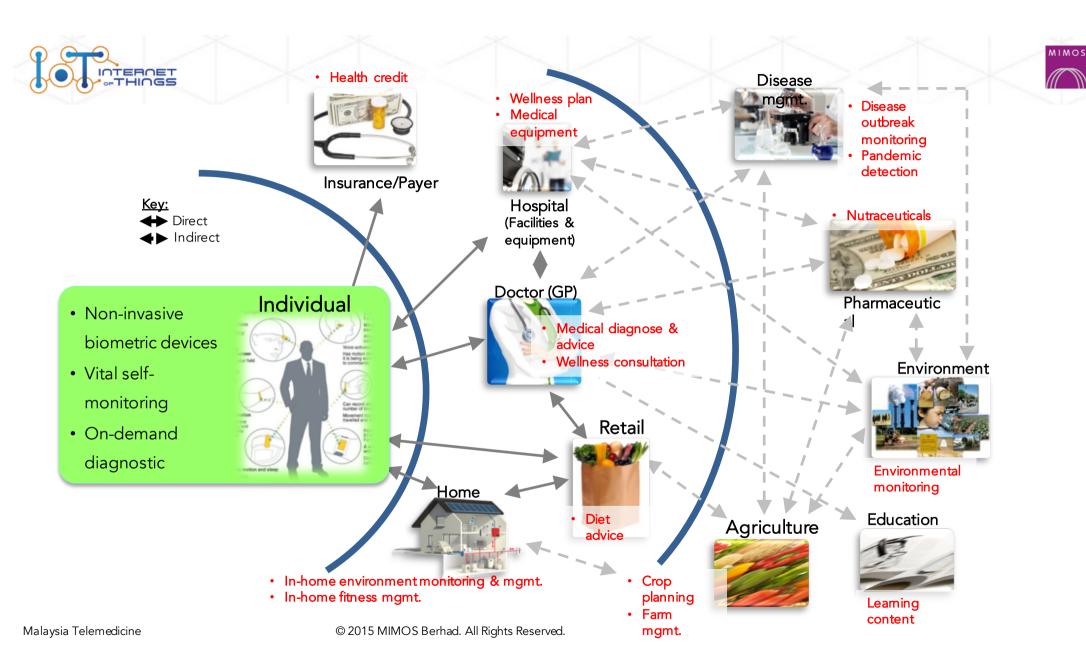
PHARMACEUTICAL/ CLINICAL RESEARCH

HOSPITAL PROVIDER

DOCTORS

 Continuum careas-a-service







# Future Scenario of Healthcare



	As-Is	Foreseeable Future	Utopia
_	Location-bound & disease treatment	Preventive treatment	Wellness mgmt. : Self- Care & Self Diagnose
Patient	Disease management	<ul> <li>Preventive</li> </ul>	Wellness management
Doctor	• Diagnose	Early treatment	• Prognoses
Hospital provider	<ul><li>In-patient care</li><li>Competing for specialized doctors</li></ul>	Remote patient monitoring	<ul> <li>Home-based care</li> <li>Sharing of knowledge- based doctors</li> <li>Medical knowledge as a service</li> </ul>
Pharma- ceutical	Generic drug	Personalized drug	<ul><li>Targeted medication</li><li>Nutraceuticals</li></ul>
Insurance / Payer	Risk-based premium	<ul> <li>Personalised fitness- based premium</li> </ul>	Health credit



# **Beyond Hospital**

Dynamic

### Knowledge

### Remote Patient Monitoring



**Chronic Disease Monitoring** 

•CHD •COPD

### **Connected Healthcare**



Wellness mgmt.



**Post Treatment care** 



**Elderly care** 



Home base care





**In- Hospital** monitoring

**In-patient Care** 



Lifestyle monitoring

Remote Patient Monitoring

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# Disruption of Hospital Services



### In-patient care



### **Remote patient** monitoring



### **Connected Healthcare**

Static - Info

- Hospital Resource planning
- Disease codified database

- Vital sign monitoring
- Health trend monitoring
- In-home environment monitoring & mgmt.
- Diet monitoring & mgmt.

 Lifestyle activities monitoring

Dynamic-Info

- Environmental monitoring

- Early epidemic containment
- Ambient Intelligence

Knowledge Static -

Dynamic-Knowledge

- tracking
  - Drug alert & mgmt. sys: Medication
- Diet consultation
- In-home fitness mgmt. consultation

- Integrated emergency response sys.
- e-Remedy



# Scenario : Serving the "Worried Well"



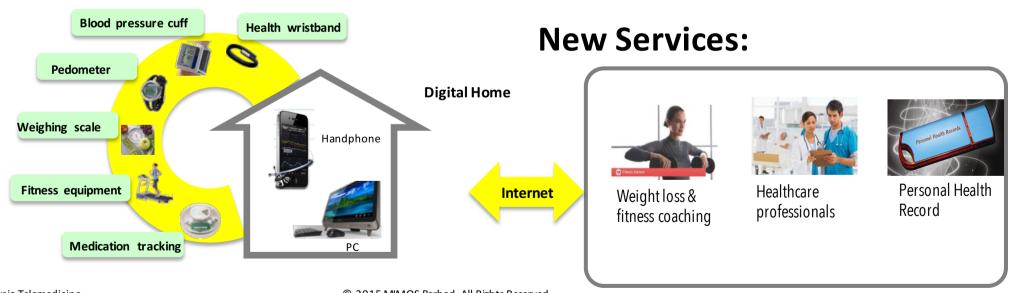


### "Worried well" vital sign monitoring

- Weight
- Blood pressure
- Glucose
- Cholesterol
- Activity level

### **Benefits:**

- Monitor & motivate
- Achieve individuals' goals
- Access personal fitness info anywhere
- Enhance trainer' services





# Scenario 3: Elderly care





- Independent living
- Mobility

### **Basic life monitoring:**

- Bed pressure (sleep)
- Critical parameters sensor
- Fall detection
- Gas/Water sensor
- Emergency sensor

### **Benefits:**

- Involve family members
- Allow remote analysis & care
- Provide integrated view
- Encourage early detection
- Reduce costs



### **New Services**



SVC.

sys

Disease mgmt.

svc, Healthcare

provider

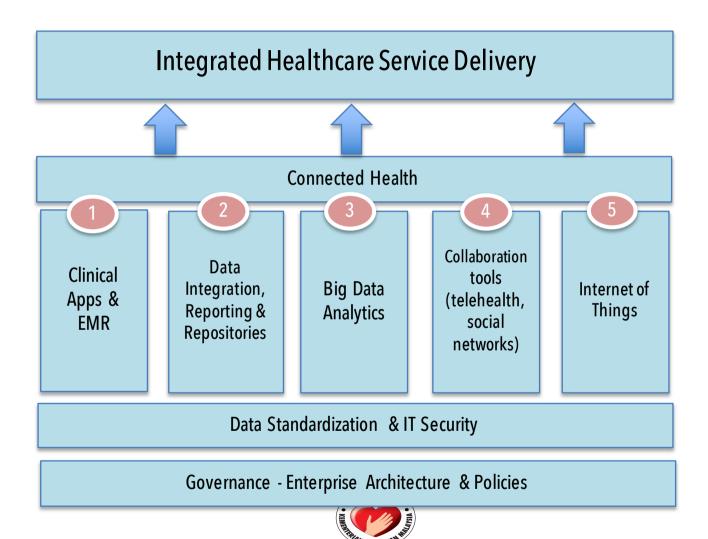


# Motivation for Connected Health



	Total population (000s)	Healthcare spend as % of GDP	Per capita healthcare spend	Hospital beds per 1000 citizens	Practicing physicians per 1000 citizens	Physician payment schemes*		
						Primary care	Specialist ambulatory	Secondary care
Australia	21, 016	8.7	3445	3.8	3	FFS	FFS	Salary
Canada	33, 095	11.4	4478	3.3	2.4	FFS	FFS	FFS
England	61, 412	9.8	3487	3.3	2.7	Salary/ Cap/ FFS	Salary	Salary
France	61, 840	11.8	3978	6.6	3.3	FFS	FFS	Salary
Germany	82, 772	11.6	4218	8.2	3.6	FFS	FFS	Salary
Singapore	4,737	3.9	2086	3.2	1.7	FFS	Cap	Salary
Spain	44, 311	9.5	3067	3.2	3.8	Salary/ Cap	Salary	Salary
US	304, 228	17.4	7960	3.1	2.4	Salary/ Cap/ FFS	FFS	Mixed

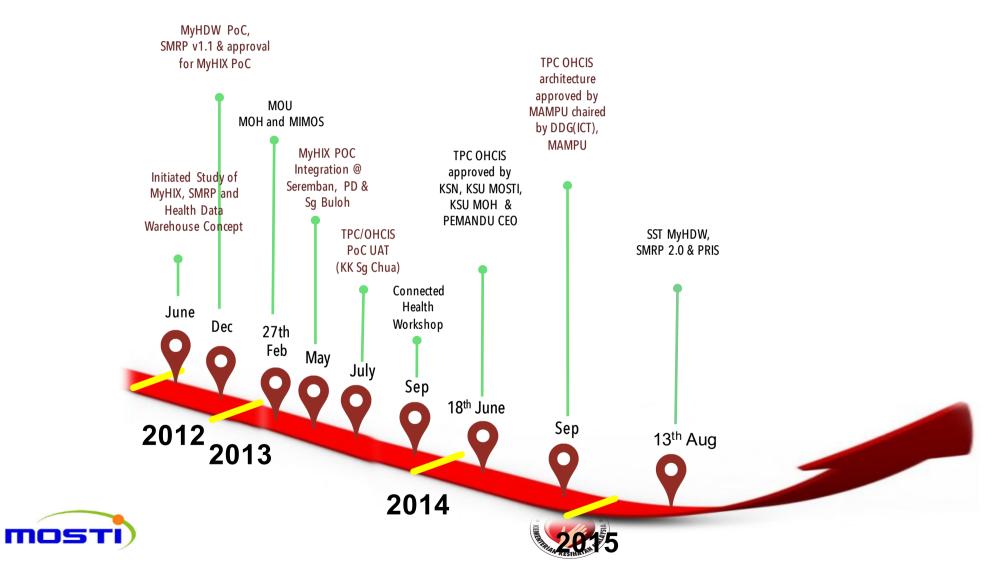
### 5 Healthcare IT Application pillars of Connected Health





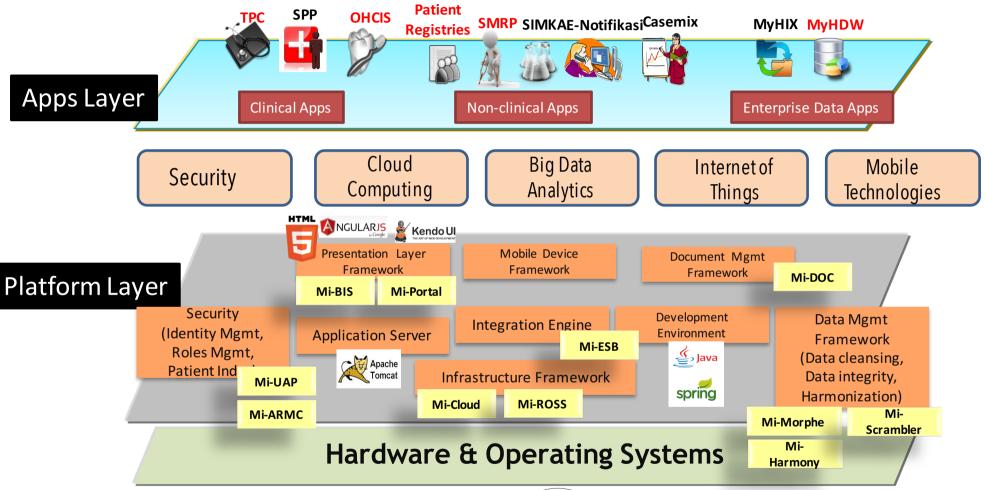


### **MIMOS** Healthcare IT Journey with MOH





### **MOH Healthcare IT: Towards Connected Health**









## **End Note...**

- MIMOS as Technology Partner for MoH:
  - Working together with MoH to create and drive the Strategic Roadmap of Connected Healthcare
  - Sustainable R&D Partner New research output to be shared with MoH
- Open Innovation Platform:
  - To encourage local industry participation
  - To protect MoH/Governmet investment









